

# Discuss It: Hallway Heroes

**Hallway heroes are just that, heroes in the hallway.** How can you be a hero in the hallway? Go to [www.imom.com/video](http://www.imom.com/video) and watch the Hero in the Hallway video for some great ideas.

## Kind Words:

Please	May I	Thank you	You're welcome
Excuse me	I'm sorry	Nice to meet you	I'm glad you're here
You're smart	Nice work	I like what you did	You're good at that
Let's be friends	I forgive you	I'm happy to share	I like your _____ <i>(hair, shirt, dress, shoes, etc.)</i>

## Caring Words:

How can I help you?	Are you feeling OK?	Would you like to sit with me?
You can go first	How are you?	I will take care of you
Are you afraid?	Is something wrong?	Don't worry
I'll help you carry that	Come be on my team	Would you like to play with me?

## For Moms:

- Share an experience you had in school when another child was your Hallway Hero.

## For Kids:

- Have you ever been a Hallway Hero at your school?  
If so how?
- Have you ever needed a Hallway Hero at your school?  
If so how?
- Practice speaking the caring words on the other side of this card to the kids at your table card.

